



BY ASPINTOA®

WORDESO®

— *Courage to Think* —

LIFELONG LEARNING SYSTEM 1

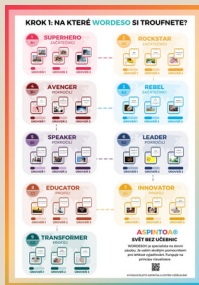


SÁRKA KRÁLÍČKOVÁ

The creator of the Aspintoa® Lifelong Learning System. She represents the global lifelong learner, blending innovation with technology to inspire self-directed learning and critical thinking.

“It takes courage to do great things.”

SYSTEM 1 + SYSTEM 2 + SYSTEM 3 + SYSTEM 4



From Traditional to Transformational

Our goal is to transform learning through innovative methods and approaches. We create environments that promote interactivity, two-way communication, collaboration, and creativity, making learning an engaging and effective experience.

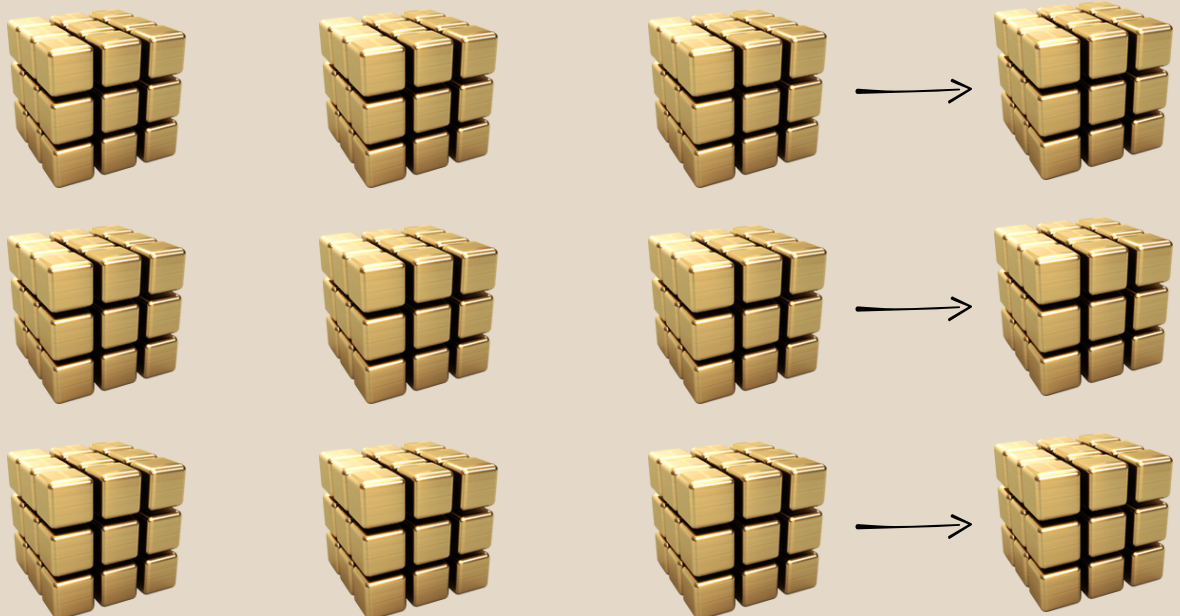
Sárka
Králíčková

*From Sárka
with love*

www.aspintoa.com

LIFE SKILLS SYSTEM

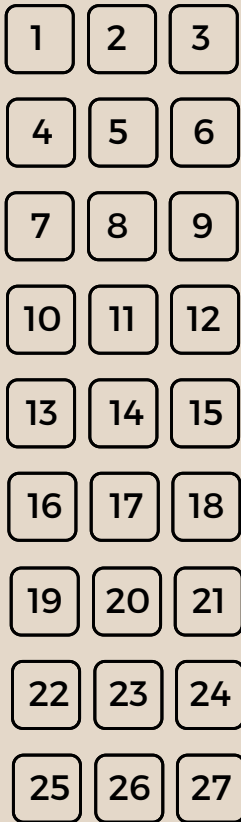
| COMMUNICATION SKILLS | + | SOFT SKILLS | + | LEADERSHIP SKILLS | + | ENTREPRENEURSHIP SKILLS |
|----------------------|---|-------------|---|-------------------|---|-------------------------|
| A - A2 | | B - B2 | | C - C2 | | D - D2 |
| A | | B | | C | | D |
| A1 | | B1 | | C1 | | D1 |
| A2 | | B2 | | C2 | | D2 |



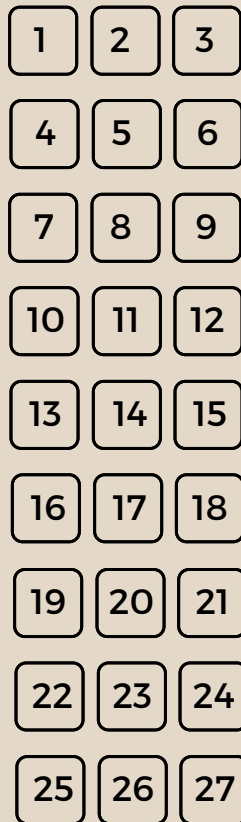
4D LEARNING

by Sarka Kralickova

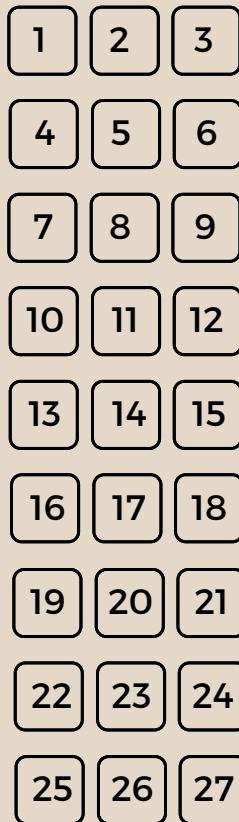
WORDESO® +
The Courage to Think



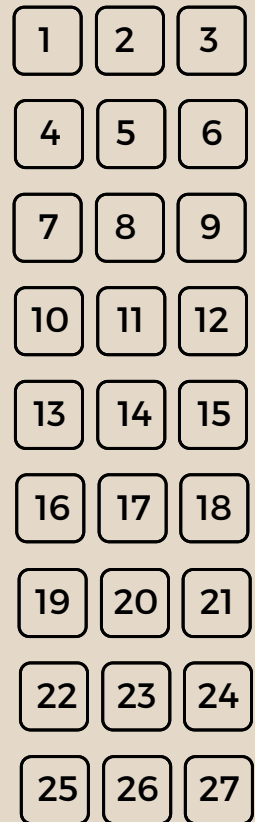
DIALOGIS® +
The Courage to Speak



GRAMMAX® +
The Courage to Change



INFITY®
The Courage to Lead



COLLABORATION + COMMUNICATION + CRITICAL THINKING + CREATIVITY



IQ

+



EQ

+



SQ

+



PQ



WORDESO® 1

The Courage to Think

LIFE SKILLS TOPICS A:

1. Caring for Animals
2. Dressing and Personal Style
3. Building Family Connections
4. Understanding Your Body
5. Healthy Eating with Fruits and Vegetables
6. Navigating Transportation
7. Managing Numbers and Quantities
8. Smart Food Choices
9. Household Management
10. Everyday Essentials



WORDESO® 2

The Courage to Think

LIFE SKILLS TOPICS A:

1. Animal Care and Appreciation
2. Understanding Shapes and Everyday Objects
3. Dressing Smart: Clothing and Accessories
4. Celebrating with Holiday Essentials
5. Household Management and Maintenance
6. Practical Math: Numbers and Quantities
7. Making Healthy Food and Beverage Choices
8. Organizing Rooms and Selecting Furniture
9. Building Strong Family and Social Relationships
10. Connecting with Nature



WORDESO® 3

The Courage to Think

LIFE SKILLS TOPICS A:

1. Exploring Sea Creatures
2. Practical Math: Numbers and Quantities
3. Organizing School Supplies
4. Choosing Furniture and Everyday Objects
5. Healthy Eating with Fruits
6. Using Kitchenware Effectively
7. Understanding Buildings and Structures
8. Staying Active with Sports and Activities
9. Learning About Professions
10. Gardening and Outdoor Maintenance





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The Courage to Think

LIFE SKILLS TOPICS A1:

1. Caring for and Understanding Animals
2. Recognizing Physical Characteristics
3. Dressing Smart: Clothing and Accessories
4. Strengthening Family Bonds
5. Making Healthy Food and Drink Choices
6. Understanding Feelings and Emotional States
7. Navigating School and Classroom Etiquette
8. Staying Active with Sports and Activities
9. Using Everyday Objects and Materials
10. Participating in Outdoor and Social Events





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The Courage to Think

LIFE SKILLS TOPICS A1:

1. Establishing Daily Routines
2. Managing Home and Furniture
3. Organizing Rooms and Spaces
4. Performing Household Chores Efficiently
5. Exploring Outdoor Environments
6. Understanding Weather and Nature
7. Engaging in Activities and Actions
8. Identifying Objects and Items
9. Navigating Locations and Directions
10. Developing Personal Preferences and Habits





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The Courage to Think

LIFE SKILLS TOPICS A1:

1. Exploring Places and Buildings
2. Navigating Transportation and Travel
3. Understanding Jobs and Professions
4. Managing Health and Illness
5. Recognizing Emotions and Conditions
6. Using Descriptive Adjectives Effectively
7. Identifying Everyday Objects and Locations
8. Shopping Smart and Utilizing Services
9. Understanding Weather and Natural Elements
10. Expressing Personal Preferences and Attributes





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The Courage to Think

LIFE SKILLS TOPICS A2:

1. Connecting with Animals and Nature
2. Exploring School Subjects and Activities
3. Navigating School Life and Managing Items
4. Dressing for Success: Clothing and Accessories
5. Understanding Seasons and Weather Patterns
6. Identifying Materials and Everyday Objects
7. Engaging in Personal and Social Actions
8. Understanding Body Parts and Physical Activities
9. Exploring Locations and Structures
10. Expressing Emotions and Descriptions



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The Courage to Think

LIFE SKILLS TOPICS A2:

1. Enjoying Concerts and Live Music
2. Learning About Musical Instruments
3. Mastering Food and Cooking Skills
4. Understanding Weather and Its Impact
5. Organizing Daily Activities
6. Using Common Verbs in Past Tense
7. Recognizing Personal Traits and Descriptions
8. Exploring Places and Buildings
9. Engaging in Games and Hobbies
10. Participating in School Subjects and Activities





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LIFE SKILLS TOPICS A2:

1. Navigating Transportation Systems
2. Addressing Environmental Issues
3. Understanding Natural Disasters
4. Utilizing Technology Safely and Effectively
5. Engaging with Media and Entertainment
6. Exploring Various Occupations
7. Understanding Buildings and Structures
8. Making Informed Food and Drink Choices
9. Navigating Social and Legal Issues
10. Prioritizing Health and Wellness





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The Courage to Think

LIFE SKILLS TOPICS B:

1. Understanding Personal Traits and Characteristics
2. Navigating Technology and Media
3. Exploring Travel and Geography
4. Preparing for Natural Disasters
5. Exploring Occupations and Roles
6. Effective Communication and Using Social Media
7. Managing Travel and Transportation
8. Understanding Personal Actions and Reactions
9. Mastering Everyday Activities and Behaviors
10. Recognizing Emotional and Social Traits





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The Courage to Think

LIFE SKILLS TOPICS B:

1. Navigating Employment and Career Paths
2. Fostering Personal Development
3. Pursuing Education and Continuous Learning
4. Building and Maintaining Social Relationships
5. Effective Communication and Media Literacy
6. Exploring Travel and Understanding Geography
7. Engaging with Community and Society
8. Identifying and Understanding Personal Traits
9. Exploring Professional Roles and Occupations
10. Developing Activities and Skills for Personal Growth





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The Courage to Think

LIFE SKILLS TOPICS B:

1. Understanding Personal Characteristics and Traits
2. Developing Professional Skills and Career Growth
3. Managing Emotions and Psychological States
4. Navigating Social Dynamics and Building Relationships
5. Effective Decision Making and Strategic Planning
6. Exploring Workplace Culture and Career Opportunities
7. Managing Finance and Understanding Economics
8. Pursuing Lifelong Learning and Education
9. Understanding Behavior and Making Positive Actions
10. Engaging with Community and Contributing to Society



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The Courage to Think

LIFE SKILLS TOPICS B1:

1. Understanding Governance and Political Systems
2. Developing Personal Attributes and Positive Behavior
3. Navigating Education and Academic Pathways
4. Addressing Social Issues and Engaging in Activism
5. Preparing for Safety and Emergency Situations
6. Understanding Legal and Political Processes
7. Contributing to Community and Engaging with Society
8. Navigating Urban and Residential Life
9. Managing Economic and Financial Aspects
10. Exploring Travel and Lifestyle Choices





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The Courage to Think

LIFE SKILLS TOPICS B1:

1. Effective Collaboration and Teamwork
2. Fostering Personal Development and Identifying Attributes
3. Driving Innovation and Utilizing Resources
4. Navigating Family Dynamics and Life Stages
5. Exploring Employment Opportunities and Career Growth
6. Addressing Environmental Issues and Promoting Sustainability
7. Understanding Social and Community Impact
8. Pursuing Education and Lifelong Learning
9. Prioritizing Health and Well-being
10. Understanding Climate Issues and Sustainable Practices





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The Courage to Think

LIFE SKILLS TOPICS B1:

1. Navigating Property and Rental Markets
2. Understanding Transportation and Vehicle Management
3. Exploring Urban and Industrial Areas
4. Developing Personal Attributes and Positive Behavior
5. Understanding Financial and Economic Terms
6. Addressing Environmental Issues and Promoting Sustainability
7. Engaging with Media and Communication Effectively
8. Balancing Entertainment and Leisure Activities
9. Understanding Consumer Behavior and Shopping Strategies
10. Navigating Legal and Ethical Issues





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The Courage to Think

LIFE SKILLS TOPICS B2:

1. Personal Development and Self-Improvement Strategies
2. Understanding Motivation and Building Ambition
3. Addressing Social and Emotional Issues
4. Navigating Ethics and Morality in Daily Life
5. Understanding Economics and Trade Principles
6. Exploring Global and Political Issues
7. Prioritizing Health and Safety Practices
8. Pursuing Education and Expanding Knowledge
9. Understanding Legal and Human Rights
10. Addressing Environmental and Agricultural Concerns





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The Courage to Think

LIFE SKILLS TOPICS B2:

1. Mastering Problem Solving and Finding Solutions
2. Adapting to Change and Embracing Flexibility
3. Fostering Personal Growth and Development
4. Cultivating Creativity and Innovation
5. Developing Work and Professional Skills
6. Navigating Social and Emotional Aspects of Life
7. Exploring Religious and Spiritual Beliefs
8. Handling Challenges and Difficult Situations
9. Enhancing Decision-Making and Judgement Skills
10. Engaging with Entertainment and Media Thoughtfully





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The Courage to Think

LIFE SKILLS TOPICS B2:

1. Understanding Social and Political Contexts
2. Navigating Personal and Emotional Contexts
3. Using Descriptive Terms Effectively
4. Assessing Condition and Experience
5. Prioritizing Health and Wellness
6. Familiarizing with Medical Terms
7. Exploring Travel and Lifestyle Choices
8. Making Informed Decisions About Shopping
9. Understanding Food and Beverage Choices
10. Keeping Up with Technology and Innovation





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The Courage to Think

LIFE SKILLS TOPICS C:

1. Navigating Parenthood and Child Rearing
2. Providing Effective Guidance and Support
3. Cultivating Patience in Personal and Professional Life
4. Nurturing Growth and Development in Others
5. Applying Discipline Strategies
6. Understanding Developmental Milestones
7. Implementing Educational Approaches and Techniques
8. Integrating Technology in Education
9. Fostering Personal Growth and Self-Improvement
10. Managing Family Dynamics and Relationships





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The Courage to Think

LIFE SKILLS TOPICS C:

1. Essential Newborn Care
2. Understanding Developmental Milestones
3. Supporting Toddler Development
4. Fostering Preschool and Early Learning
5. Navigating the Teenage Years
6. Transitioning to Young Adulthood
7. Managing Family Dynamics
8. Prioritizing Health and Wellness
9. Enhancing Education and Learning
10. Promoting Personal Growth



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The Courage to Think

LIFE SKILLS TOPICS C:

1. Growing Together as a Family or Team
2. Building a Sense of Belonging in Relationships
3. Maintaining Patience in Challenging Situations
4. Expressing Love Openly and Effectively
5. Recognizing and Celebrating Effort
6. Promoting Self-Reflection and Personal Insight
7. Encouraging Aspirations and Goal Setting
8. Providing Emotional Safety and Support
9. Establishing and Maintaining Routines
10. Offering Choices and Fostering Decision-Making





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The Courage to Think

LIFE SKILLS TOPICS C1:

1. Understanding Neuroeducation and Its Impact
2. Exploring Cognitive Processes in Learning
3. Applying Brain-Based Learning Strategies
4. Leveraging Neuroplasticity for Learning and Growth
5. Improving Memory Retention Techniques
6. Identifying and Adapting to Learning Styles
7. Integrating Educational Technology Effectively
8. Implementing Personalized Learning Approaches
9. Utilizing Gamification to Enhance Learning
10. Adapting Learning Methods with Adaptive Learning Technologies





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The Courage to Think

LIFE SKILLS TOPICS C1:

1. Fostering Positive Teacher-Student Relationships
2. Providing Emotional and Social Support in Education
3. Enhancing Classroom Engagement and Participation
4. Promoting Inclusive Education Practices
5. Boosting Motivation and Encouragement for Students
6. Facilitating Effective Communication and Collaboration
7. Supporting Student Well-being and Mental Health
8. Exploring and Applying Teaching Methods and Strategies
9. Pursuing Professional Development for Educators
10. Building a Positive School Culture and Environment





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The Courage to Think

LIFE SKILLS TOPICS C1:

1. Embracing Infinite Possibilities for Growth
2. Fostering Growth and Evolution in Personal and Professional Life
3. Cultivating Innovation and Creativity
4. Developing Adaptability and Resilience
5. Navigating Transformation and Progress
6. Encouraging Exploration and Expansion of Horizons
7. Creating a Vision and Practicing Forward-Thinking
8. Engaging in Mentorship and Empowerment
9. Enhancing Communication and Constructive Feedback
10. Pursuing Personal and Professional Development





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The Courage to Think

LIFE SKILLS TOPICS C2:

1. Managing Cash Flow Effectively
2. Understanding Borrowing and Debt Management
3. Exploring Investment and Financial Instruments
4. Navigating Employment and Job Conditions
5. Optimizing Business Operations and Management
6. Facilitating Effective Communication and Meetings
7. Understanding Company Structure and Roles
8. Handling Legal and Financial Documentation
9. Implementing Marketing Strategies
10. Overseeing Recruitment and Training Processes





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The Courage to Think

LIFE SKILLS TOPICS C2:

1. Mastering Promotion and Advertising Techniques
2. Understanding Consumer and Market Behavior
3. Creating Effective Media Campaigns and Slogans
4. Highlighting Product and Service Features
5. Conducting Market Research and Driving Sales
6. Optimizing Business Operations and Management
7. Ensuring Product Quality and Managing Production
8. Managing Distribution and Logistics
9. Handling Legal and Financial Documentation
10. Navigating Travel and Transportation Logistics



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The Courage to Think

LIFE SKILLS TOPICS C2:

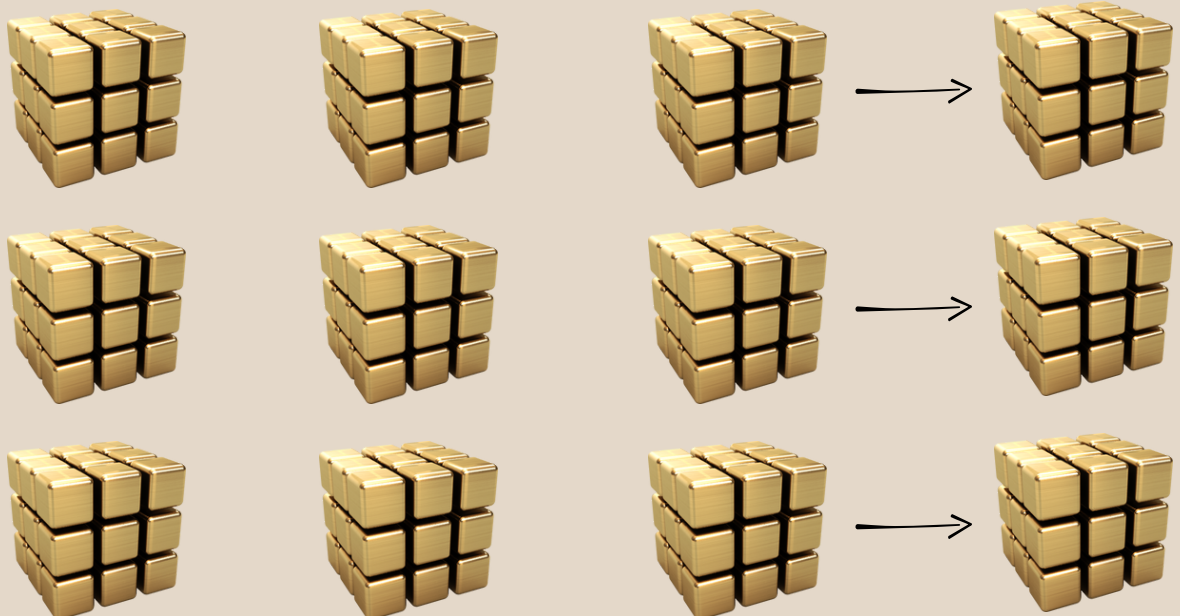
1. Understanding Inflation and Currency Dynamics
2. Navigating National Debt and Government Policy
3. Exploring the Economic Cycle and Growth Patterns
4. Managing Recession and Expansion Strategies
5. Examining Globalization and Free Trade Impacts
6. Assessing Cost of Living and Infrastructure Needs
7. Leveraging Renewable Resources and Sustainable Acquisition
8. Utilizing Automation to Enhance Productivity
9. Gathering Customer Feedback for Continuous Improvement
10. Handling Legal and Financial Documentation



ASPINTOA®

Ecosystem of Lifelong Learning

| COMMUNICATION SKILLS | + | SOFT SKILLS | + | LEADERSHIP SKILLS | + | ENTREPRENEURSHIP SKILLS |
|----------------------|---|-------------|---|-------------------|---|-------------------------|
| A - A2 | | B - B2 | | C - C2 | | D - D2 |
| A | | B | | C | | D |
| A1 | | B1 | | C1 | | D1 |
| A2 | | B2 | | C2 | | D2 |

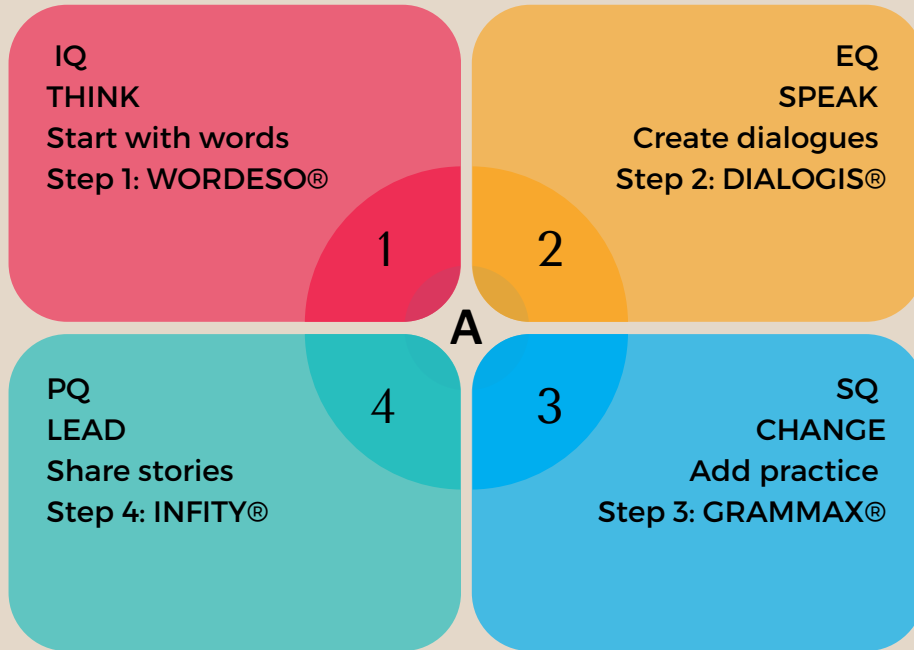




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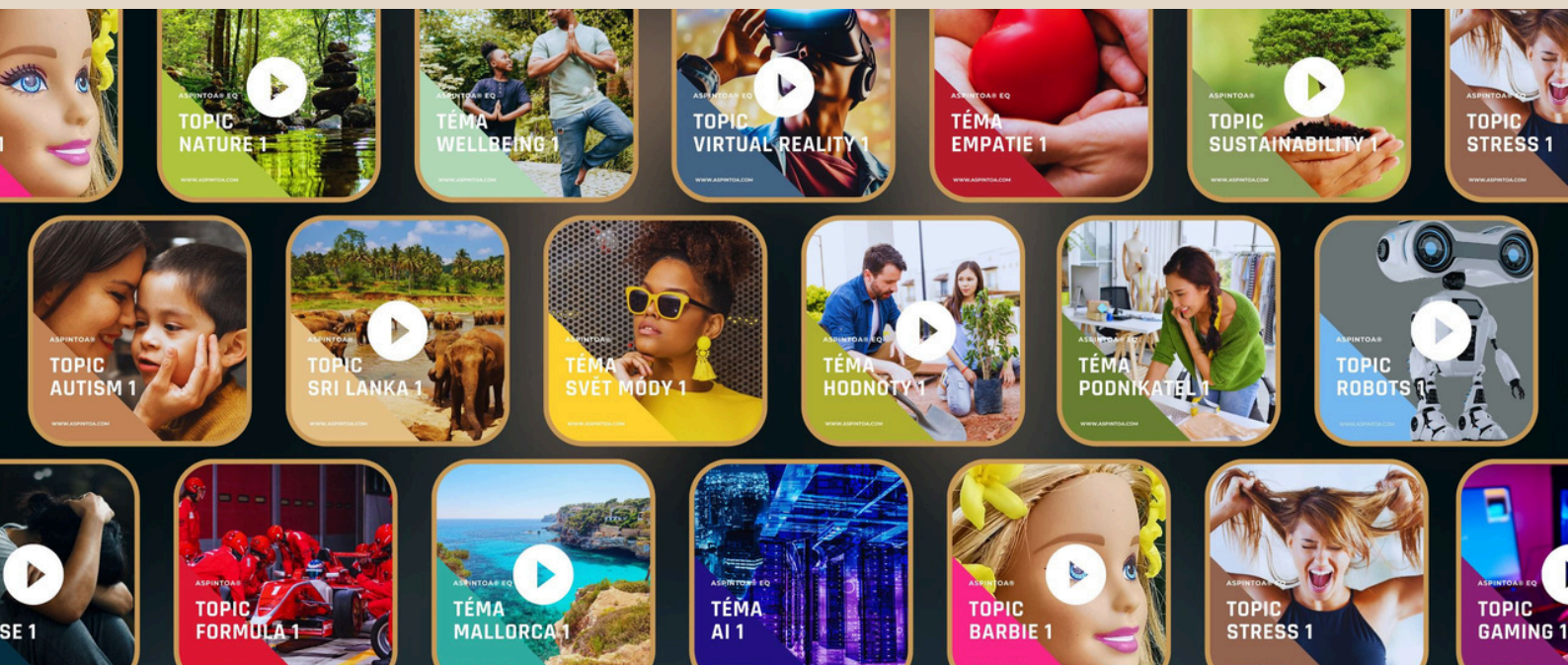
4D LEARNING

by Sarka Kralickova



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TRANSFORM YOUR MINDSET & LEADERSHIP

ASPINTOA® develops a System for Wellbeing Learning using a 4-step method.
We're here for those who embrace innovation and change. Let's all have the
courage to think, speak, learn, and lead.

ASPINTOA® Ltd.

Publishing House and Ecosystem of Lifelong Learning
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