

INFITY® Courage to Lead -

LIFELONG LEARNING SYSTEM 4





SARKA KRALICKOVA

The creator of the Aspintoa® Lifelong Learning System. She represents the global lifelong learner, blending innovation with technology to inspire self-directed learning and critical thinking.

"It takes courage to do great things."



From Traditional to Transformational

Our goal is to transform learning through innovative methods and approaches. We create environments that promote interactivity, two-way communication, collaboration, and creativity, making learning an engaging and effective experience.



From Sarka with love

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LIFE SKILLS SYSTEM

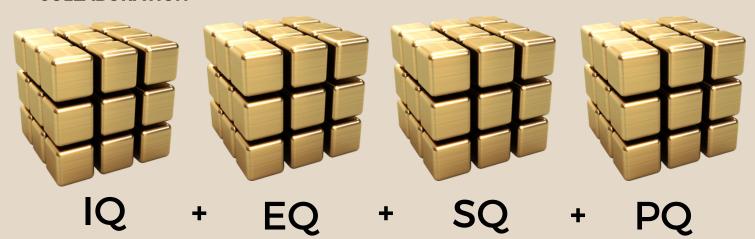
COMMUNICATION SKILLS	+	SOFT SKILLS	+	LEADERSHIP SKILLS	+ ENTREPRENEURSHIP SKILLS
A - A2		B - B2		C - C2	D - D2
A	В		С		D
A1	B1		C1		D1
A2	B2		C2		D2
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4D LEARNING by Sarka Kralickova

WORDESO® The Courage to Think	+ DIALOGIS® The Courage to Speak	+ GRAMMAX® The Courage to Change	+ INFITY® The Courage to Lead
1 2 3	1 2 3	1 2 3	1 2 3
4 5 6	4 5 6	4 5 6	4 5 6
789	789	789	789
10 11 12	10 11 12	10 11 12	10 11 12
13 14 15	13 14 15	13 14 15	13 14 15
16 17 18	16 17 18	16 17 18	16 17 18
19 20 21	19 20 21	19 20 21	19 20 21
22 23 24	22 23 24	22 23 24	22 23 24
25 26 27	25 26 27	25 26 27	25 26 27

COLLABORATION + COMMUNICATION + CRITICAL THINKING + CREATIVITY





The Courage to Lead

LIFE SKILLS TOPICS A:

- 1. Object identification
- 2. Animals
- 3. Counting
- 4. Colors
- 5. Locations
- 6. People
- 7. Weather
- 8. Body parts
- 9. Actions
- 10. Relationships





The Courage to Lead

LIFE SKILLS TOPICS A:

- 1. Numbers
- 2.Colors
- 3. Animals
- 4. Body parts
- 5. Clothing
- 6. Weather
- 7. Shapes
- 8. Emotions
- 9. Food and drink
- 10. Household items and rooms





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LIFE SKILLS TOPICS A:

- 1. Numbers and Colors
- 2. Ocean Animals and Their Habitats
- 3. Body Parts
- 4. Classroom Items and Activities
- 5. Shapes and Colors
- 6. Weather and Temperatures
- 7. Family Members and Descriptions
- 8. Emotions and Feelings
- 9. Food and Kitchen Items
- 10. Occupations and Uniforms





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LIFE SKILLS TOPICS A1:

- 1. Animals
- 2. Clothing
- 3. Food and Drinks
- 4. Body Parts
- 5. Family
- 6. School Supplies
- 7. Sports and Games
- 8. Musical Instruments
- 9. Nature and Environment
- 10. Daily Activities





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LIFE SKILLS TOPICS A1:

- 1. Daily Routines
- 2. Numbers and Dates
- 3. Household Chores
- 4. Rooms and Furniture
- 5. Transportation
- 6. Nature and Environment
- 7. Clothing and Dressing
- 8. Social Interactions
- 9. Emotions and Reactions
- 10. Physical Activities





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LIFE SKILLS TOPICS A1:

- 1. Locations and Descriptions
- 2. Activities in Different Places
- 3. Preferences and Comparisons
- 4. Descriptions and Identifications
- 5. Weather and Environment
- 6. Personal Experiences and Opinions
- 7. Jobs and Professions
- 8. Health and Emotions
- 9. Plans and Future Actions
- 10. Behavior and Reactions





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LIFE SKILLS TOPICS A2:

- 1. Animals and Pets
- 2. Seasons and Weather
- 3. School Subjects and Activities
- 4. Clothing and Fashion
- 5. Daily Routines and Activities
- 6. Travel and Holidays
- 7. Household Items and Materials
- 8. Sports and Competitions
- 9. Entertainment and Media
- 10. Personal Preferences and Experiences





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LIFE SKILLS TOPICS A2:

- 1. Music and Concerts
- 2. Famous People and Events
- 3. Instruments and Music Preferences
- 4. Entertainment: Plays and Cartoons
- 5. Hobbies: Chess and Collecting
- 6. Food and Cooking
- 7. Travel and Accommodation
- 8. Sports and Activities
- 9. Weather and Seasonal Changes
- 10. Future Plans and Predictions





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LIFE SKILLS TOPICS A2:

- 1. Public Transportation
- 2. Emergency Services
- 3. Road Systems
- 4. Space Exploration
- 5. Historical Structures
- 6. Factories and Production
- 7. Modern Architecture
- 8. Environmental Issues
- 9. Media and Entertainment
- 10. Personal Preferences and Experiences





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LIFE SKILLS TOPICS B:

- 1. Personal Routines and Habits
- 2. Building and Engaging Online Communities
- 3. Setting and Achieving Goals
- 4. Learning and Self-Improvement
- 5. Dealing with Financial and Emotional Challenges
- 6. Social Media Interaction and Influence
- 7. Travel and Vacation
- 8. Family and Relationships
- 9. Professional Development and Entrepreneurship
- 10. Personal Growth and Self-Awareness





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LIFE SKILLS TOPICS B:

- 1. Personal Growth and Self-Improvement
- 2. Impact of Relationships and Social Interactions
- 3. Technology and Social Media Usage
- 4. Education and Learning Experiences
- 5. Career Aspirations and Job Preferences
- 6. Travel, Leisure, and Lifestyle Choices
- 7. Family Dynamics and Childhood Memories
- 8. Mental and Emotional Well-being
- 9. Social Issues and Opinions
- 10. Future Goals and Aspirations





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LIFE SKILLS TOPICS B:

- 1. Personal Empowerment and Influence
- 2. Skill Development and Practice
- 3. Possibility and Risk Management
- 4. Knowledge Sharing and Interests
- 5. Habit Formation and Change
- 6. Failure and Learning
- 7. Enjoyment and Leisure
- 8. Effort and Motivation
- 9. Decision-Making Processes
- 10. Productivity and Time Management





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LIFE SKILLS TOPICS B1:

- 1. Personal Criticism and Self-Perception
- 2. Daily Life and Routine
- 3. Education and Academic Experiences
- 4. Career Aspirations and Professional Choices
- 5. Social Relationships and Friendships
- 6. Hobbies, Interests, and Entertainment
- 7. Lifestyle Choices and Preferences
- 8. Financial Independence and Support
- 9. Health and Well-being
- 10. Future Goals and Aspirations





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LIFE SKILLS TOPICS B1:

- 1. Productivity and Work Preferences
- 2. Personal Challenges and Coping Strategies
- 3. Cultural Experiences and Preferences
- 4. Financial Considerations and Aspirations
- 5. Social Relationships and Personal Interactions
- 6. Health, Lifestyle, and Well-being
- 7. Ethical and Social Issues
- 8. Hobbies, Interests, and Entertainment
- 9. Personal Development and Self-Improvement
- 10. Future Goals and Ambitions





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LIFE SKILLS TOPICS B1:

- 1. Power and Influence
- 2. Practice and Skill Development
- 3. Possibility and Risk
- 4. Knowledge and Sharing
- 5. Habits and Behavioral Change
- 6. Failure and Learning
- 7. Enjoyment and Leisure
- 8. Effort and Motivation
- 9. Decision-Making
- 10. Productivity and Time Management





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LIFE SKILLS TOPICS B2:

- 1. Empowerment and Self-Esteem
- 2. Aspirations and Ambitions
- 3. Social and Economic Issues
- 4. Globalization and Its Effects
- 5. Social Media and Communication
- 6. Health, Lifestyle, and Personal Growth
- 7. Relationships and Social Dynamics
- 8. Ethical and Controversial Issues
- 9. Personal Achievements and Failures
- 10. Travel, Experiences, and Preferences





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LIFE SKILLS TOPICS B2:

- 1. Career and Job-Related Questions
- 2. Personal Preferences and Experiences
- 3. Social and Cultural Observations
- 4. Technology and Media Influence
- 5. Self-Improvement and Personal Growth
- 6. Relationships and Social Dynamics
- 7. Life Goals and Aspirations
- 8. Health and Lifestyle
- 9. Ethics and Controversial Issues
- 10. Travel, Leisure, and Interests





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LIFE SKILLS TOPICS B2:

- 1. Radicalization and Extremism
- 2. Weapon Use and Public Safety
- 3. Occupy Movements and Protest Participation
- 4. Violation of Rules and Social Agreements
- 5. Military Service and the Lives of Troops
- **6.** Ally Relationships and Trust
- 7. Resistance to Causes and Personal Stance
- 8. Peacekeeping Roles and Experiences
- 9. Economic Sanctions and Their Impact
- 10. Health and Medical Issues





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LIFE SKILLS TOPICS C:

- 1. Parenthood
- 2. Guidance
- 3. Patience
- 4. Nurturing
- 5. Discipline
- 6. Developmental Milestones
- 7. Educational Approaches
- 8. Technology in Education
- 9. Personal Growth
- 10. Family Dynamics





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LIFE SKILLS TOPICS C:

- 1. Newborn Care
- 2. Developmental Milestones
- 3. Toddler Development
- 4. Preschool and Early Learning
- 5. Teenage Years
- 6. Young Adulthood
- 7. Family Dynamics
- 8. Health and Wellness
- 9. Education and Learning
- 10. Personal Growth and Development





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LIFE SKILLS TOPICS C:

- 1. Growing Together
- 2. Building a Sense of Belonging
- 3. Maintaining Patience
- 4. Expressing Love Openly
- 5. Recognizing Effort
- 6. Promoting Self-Reflection
- 7. Encouraging Aspirations
- 8. Providing Emotional Safety
- 9. Establishing Routines
- 10. Offering Choices





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LIFE SKILLS TOPICS C1:

- 1. Neuroeducation
- 2. Cognitive Processes
- 3. Brain-Based Learning
- 4. Neuroplasticity
- 5. Memory Retention
- 6. Learning Styles
- 7. Educational Technology
- 8. Personalized Learning
- 9. Gamification
- 10. Adaptive Learning





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LIFE SKILLS TOPICS C1:

- 1. Teacher-Student Relationships
- 2. Emotional and Social Support
- 3. Classroom Engagement
- 4. Inclusive Education
- 5. Motivation and Encouragement
- 6. Communication and Collaboration
- 7. Student Well-being
- 8. Teaching Methods and Strategies
- 9. Professional Development
- 10. School Culture and Environment





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LIFE SKILLS TOPICS C1:

- 1. Infinite Possibilities
- 2. Growth and Evolution
- 3. Innovation and Creativity
- 4. Adaptability and Resilience
- 5. Transformation and Progress
- 6. Exploration and Expansion
- 7. Vision and Forward-Thinking
- 8. Mentorship and Empowerment
- 9. Communication and Feedback
- 10. Personal and Professional Development





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LIFE SKILLS TOPICS C2:

- 1. Personal Motivation and Energy
- 2. Approaches to Problem-Solving and Resilience
- 3. Impact of Social Media and Information Consumption
- 4. Self-Improvement and Personal Development
- 5. Emotional Responses and Mental Health
- 6. Career and Job-Related Reflections
- 7. Relationships and Social Interactions
- 8. Philosophy and Worldview
- 9. Lifestyle Choices and Daily Habits
- 10. Challenges and Coping Strategies





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LIFE SKILLS TOPICS C2:

- 1. Leadership Skills and Frameworks
- 2. Impact and Influence of Corporations
- 3. Personal Vision and Long-Term Goals
- 4. Self-Improvement and Personal Development
- 5. Workplace Dynamics and Strategies
- 6. Decision-Making and Autonomy
- 7. Challenges and Resilience
- 8. Communication and Interpersonal Relationships
- 9. Career Aspirations and Professional Growth
- 10. Ethics and Values in Business





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LIFE SKILLS TOPICS C2:

- 1. Use of English and Communication Skills at Work
- 2. Technology and Its Impact on Professional Life
- 3. Personal Development and Life Changes
- 4. Workplace Challenges and Task Management
- 5. Flexibility, Adaptability, and Problem-Solving
- 6. Team Dynamics and Leadership
- 7. Personal and Professional Growth Strategies
- 8. Stress Management and Work-Life Balance
- 9. Decision-Making and Strategic Thinking
- 10. Reputation, Feedback, and Professional Relationships



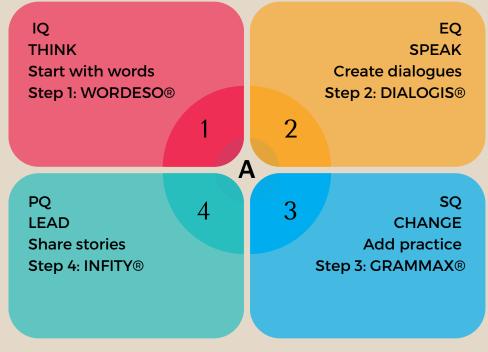


ASPINTOA® Ecosystem of Lifelong Learning

CC	OMMUNICATION SKILLS	+	SOFT SKILLS	+	LEADERSHIP SKILLS	+ EN	TREPRENEURSHIP SKILLS
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by Sarka Kralickova



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TRANSFORM YOUR MINDSET & LEADERSHIP

ASPINTOA® develops a System for Wellbeing Learning using a 4-step method. We're here for those who embrace innovation and change. Let's all have the courage to think, speak, learn, and lead.

ASPINTOA® Ltd.

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