

BY ASPINTOA®

GRAMMAX®

Courage to Change

LIFELONG LEARNING SYSTEM 3

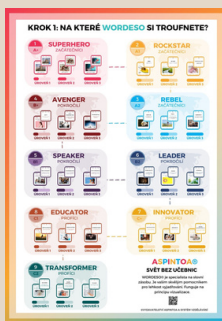


S Á R K A K R Á L Í Č K O V Á

The creator of the Aspintoa® Lifelong Learning System. She represents the global lifelong learner, blending innovation with technology to inspire self-directed learning and critical thinking.

“It takes courage to do great things.”

SYSTEM 1 + SYSTEM 2 + SYSTEM 3 + SYSTEM 4



From Traditional to Transformational

Our goal is to transform learning through innovative methods and approaches. We create environments that promote interactivity, two-way communication, collaboration, and creativity, making learning an engaging and effective experience.

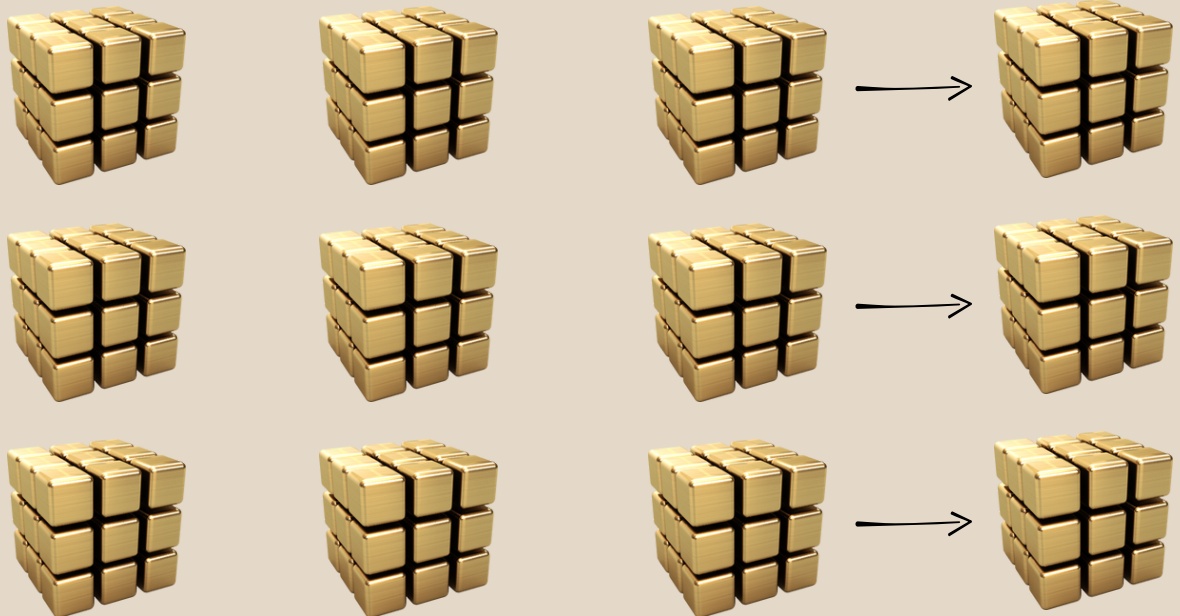
Sárka
Králíčková

*From Sárka
with love*

www.aspintoa.com

LIFE SKILLS SYSTEM

COMMUNICATION SKILLS		+	SOFT SKILLS		+	LEADERSHIP SKILLS		+	ENTREPRENEURSHIP SKILLS										
A - A2			B - B2			C - C2			D - D2										
A	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	B	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	C	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	D	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>	<input type="checkbox"/>
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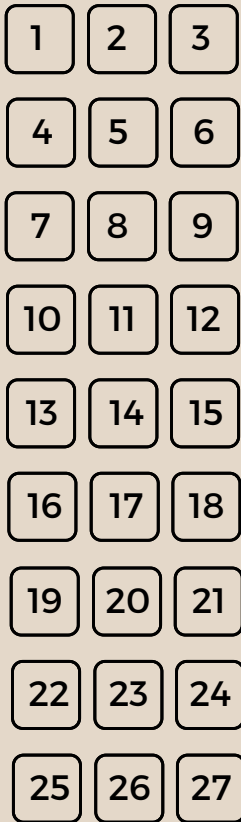




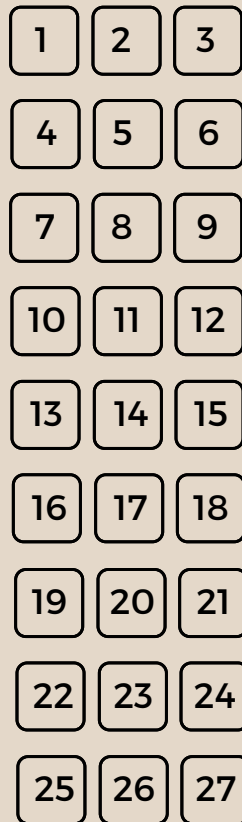
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4D LEARNING by Sarka Kralickova

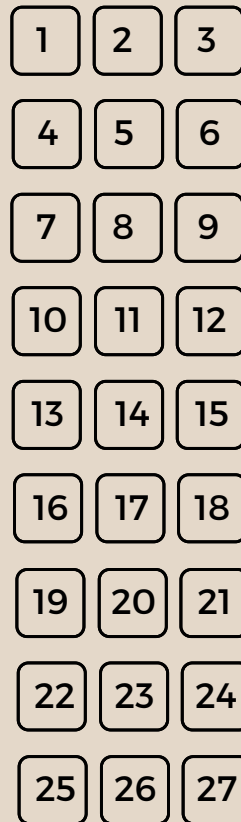
WORDESO® +
The Courage to Think



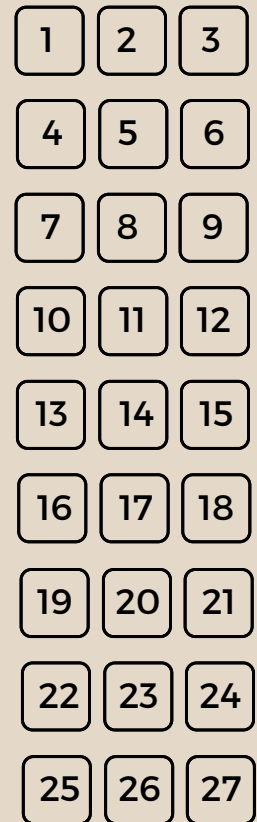
DIALOGIS® +
The Courage to Speak



GRAMMAX® +
The Courage to Change



INFITY®
The Courage to Lead



COLLABORATION + COMMUNICATION + CRITICAL THINKING + CREATIVITY



IQ

+



EQ

+



SQ

+



PQ



GRAMMAX® 1

The Courage to Change

LIFE SKILLS TOPICS A:

Focus on To Be/To Have (got)

1. Numbers and Colors
2. Animals and Colors
3. Family Members and Descriptions
4. Body Parts and Descriptions
5. Santa Claus and Christmas Tree
6. Food and Colors
7. Fruits and Vegetables
8. Easter Items and Descriptions
9. Vehicles and Descriptions
10. Greetings and Personal Information



GRAMMAX® 2

The Courage to Change

LIFE SKILLS TOPICS A:

Focus on Can/ Can't

1. Numbers and colors
2. Medals and colors
3. Animals and features
4. Body parts and quantities
5. People's actions and characteristics
6. Clothing items and colors
7. Weather conditions and preferences
8. Shapes and colors
9. Feelings and emotions
10. Foods and drinks





GRAMMAX® 3

The Courage to Change

LIFE SKILLS TOPICS A:

Focus on Present Continuous Tense

1. Numbers and colors
2. Animals and their habitats
3. Body parts and quantities
4. Clothing items and colors
5. School items and descriptions
6. Weather conditions and preferences
7. Shapes and colors
8. Days of the week and numbers
9. Family members and descriptions
10. Sports and activities



GRAMMAX® 4

The Courage to Change

LIFE SKILLS TOPICS A1:

Focus on Present Simple Tense

1. Animals and Their Characteristics
2. Zoo and Farm Animals
3. Habitat and Behavior
4. Pets and Domesticated Animals
5. Human Features and Clothing
6. Food and Drinks
7. Household and School Items
8. Activities and Hobbies
9. Personal Preferences and Opinions
10. Scenes and Settings



GRAMMAX® 5

The Courage to Change

LIFE SKILLS TOPICS A1:

Focus on Future Tense

1. Future Plans and Predictions
2. Actions and Responsibilities
3. Invitations and Social Plans
4. Meals and Dining
5. Travel and Transportation
6. Weather and Seasonal Changes
7. Personal Preferences and Activities
8. Purchases and Gifts
9. Work and Study
10. Safety and Emergencies



GRAMMAX® 6

The Courage to Change

LIFE SKILLS TOPICS A1:

Focus on Past Simple Tense/Regular Verbs

1. Relocation to London
2. Food and cooking
3. Weather events
4. Communication and interactions
5. Travel experiences
6. Personal activities and pastimes
7. Education and school-related topics
8. Entertainment and media
9. Promises and accomplishments
10. Miscellaneous inquiries



GRAMMAX® 7

The Courage to Change

LIFE SKILLS TOPICS A2:

Focus on Past Simple Tense/Irregular Verbs

1. Animals and their characteristics
2. Food and meals
3. School subjects and activities
4. Art and creative activities
5. Seasons and weather
6. Clothing and accessories
7. Personal activities and hobbies
8. Travel and places
9. Technology and online activities
10. Family and social interactions



GRAMMAX® 8

The Courage to Change

LIFE SKILLS TOPICS A2:

Focus on Past Continuous Tense

1. Activities
2. Locations
3. Reasons for actions
4. Weather and time
5. Items and objects
6. Emotional responses
7. Interactions and conversations
8. Incidents and accidents
9. Animals and nature
10. Specific events



GRAMMAX® 9

The Courage to Change

LIFE SKILLS TOPICS A2:

Focus on Present Perfect Tense

1. Activities and Actions
2. Weather and Environment
3. Objects and Items
4. Events and Situations
5. People and Interactions
6. Emotions and Reactions
7. Travel and Locations
8. Food and Drinks
9. Health and Safety
10. Entertainment and Hobbies



GRAMMAX® 10

The Courage to Change

LIFE SKILLS TOPICS B:

Focus on Modal Verbs

1. Weather and Outdoor Activities
2. Social Visits and Invitations
3. Health and Well-being
4. Work and Study
5. Travel and Vacation Plans
6. Food and Dining
7. Technology and Apps
8. Personal Goals and Hobbies
9. Relationships and Personal Interactions
10. Financial and Practical Decisions





GRAMMAX® 11

The Courage to Change

LIFE SKILLS TOPICS B:

Focus on Zero and the First Conditional

1. Employment and Careers
2. Personal Development and Achievements
3. Education and Learning
4. Social Relationships
5. Communication and Media
6. Travel and Geography
7. Community and Society
8. Personal Traits and Characteristics
9. Professional Roles and Occupations
10. Activities and Skills



GRAMMAX® 12

The Courage to Change

LIFE SKILLS TOPICS B:

Focus on Past Perfect Tense

1. Personal Characteristics and Traits
2. Professional Skills and Development
3. Emotions and Psychological States
4. Social Dynamics and Relationships
5. Decision Making and Planning
6. Workplace and Career
7. Finance and Economics
8. Learning and Education
9. Behavior and Actions
10. Community and Society





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The Courage to Change

LIFE SKILLS TOPICS B1:

Focus on Passive Voice

1. Governance and Politics
2. Personal Attributes and Behavior
3. Education and Academia
4. Social Issues and Activism
5. Safety and Emergency
6. Legal and Political Processes
7. Community and Society
8. Urban and Residential Life
9. Economic and Financial Aspects
10. Travel and Lifestyle



GRAMMAX® 14

The Courage to Change

LIFE SKILLS TOPICS B1:

Focus on Reported Speech

1. Collaboration and Teamwork
2. Personal Development and Attributes
3. Innovation and Resources
4. Family and Life Stages
5. Employment and Career
6. Environmental Issues
7. Social and Community Impact
8. Education and Learning
9. Health and Well-being
10. Climate and Sustainability





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The Courage to Change

LIFE SKILLS TOPICS B1:

Focus on 2nd and 3rd Conditional

1. Financial Literacy
2. Communication Skills
3. Property Management
4. Environmental Awareness
5. Critical Thinking
6. Media Literacy
7. Personal Development
8. Ethical Decision Making
9. Time and Resource Management
10. Career and Professionalism





GRAMMAX® 16

The Courage to Change

LIFE SKILLS TOPICS B2:

Focus on Mixed Conditionals

1. Personal Development
2. Innovation and Creativity
3. Communication Skills
4. Globalization and Trade
5. Social Justice and Human Rights
6. Economic Issues and Development
7. Health and Safety
8. Ethical Decision Making
9. Problem-Solving and Critical Thinking
10. Cultural Awareness and Diversity



GRAMMAX® 17

The Courage to Change

LIFE SKILLS TOPICS B2:

Focus on Narrative Tenses

1. Problem-Solving
2. Adaptation and Change
3. Creativity and Innovation
4. Stability and Consistency
5. Relocation and Movement
6. Media and Entertainment
7. Critical Thinking and Analysis
8. Personal Development and Achievement
9. Work and Life Balance
10. Religion and Spirituality



GRAMMAX® 18

The Courage to Change

LIFE SKILLS TOPICS B2:

Focus on Idioms

1. Military and Conflict
2. Travel and Tourism
3. Health and Wellness
4. Consumer Behavior
5. Urban and Rural Life
6. Media and Journalism
7. Decision Making and Judgment
8. Cultural and Historical Perspectives
9. Personal Finance and Shopping
10. Recovery and Rehabilitation



GRAMMAX® 19

The Courage to Change

LIFE SKILLS TOPICS C:

Focus on Verb Patterns

1. Parenthood and Family Dynamics
2. Educational Strategies and Approaches
3. Learning and Development Milestones
4. Homeschooling and Virtual Learning
5. Innovative Education Technologies
6. Support and Guidance in Learning
7. Skill Development and Critical Thinking
8. Curriculum and Lesson Planning
9. Global Citizenship and Cultural Awareness
10. Future Skills and Career Readiness



GRAMMAX® 20

The Courage to Change

LIFE SKILLS TOPICS C:

Focus on Relative Clauses

1. Infant Care
2. Early Childhood Development
3. Toddler Milestones and Challenges
4. Preschool Education and Activities
5. Teenage Years and Adolescence
6. Young Adulthood and Independence
7. Adult Responsibilities and Life Skills
8. Parenting Across Life Stages
9. Career Development and Financial Planning
10. Aging, Retirement, and Legacy





GRAMMAX® 21

The Courage to Change

LIFE SKILLS TOPICS C:

Focus on Advanced Conjunction

1. Emotional Support and Safety
2. Independence and Resilience
3. Family Dynamics and Relationships
4. Encouragement and Recognition
5. Teaching and Role Modeling
6. Celebrating and Acknowledging Achievements
7. Balancing Work and Family
8. Cultural and Individual Diversity
9. Education and Lifelong Learning
10. Conflict Resolution and Problem-Solving





GRAMMAX® 22

The Courage to Change

LIFE SKILLS TOPICS C1:

Focus on Inversion after Negative Expressions

1. Neuroeducation and Cognitive Processes
2. Educational Technology and E-Learning
3. Personalized and Adaptive Learning
4. Memory and Cognitive Development
5. Digital Literacy and Online Resources
6. Gamification and Interactive Learning
7. Virtual and Augmented Reality in Education
8. Learning Management Systems and Analytics
9. Educational Psychology and Neuroscience
10. Collaborative and Social Learning





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The Courage to Change

LIFE SKILLS TOPICS C1:

Focus on Cleft Sentences

1. Effective Communication
2. Support and Encouragement
3. Empathy and Understanding
4. Collaboration and Teamwork
5. Inspiration and Motivation
6. Relationship Building
7. Inclusivity and Respect
8. Mentorship and Coaching
9. Positive Environment and Culture
10. Growth and Development



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The Courage to Change

LIFE SKILLS TOPICS C1:

Focus on Advanced Structures with Wish

1. Growth and Evolution
2. Innovation and Creativity
3. Adaptability and Resilience
4. Visionary Thinking and Foresight
5. Continuous Improvement and Learning
6. Mentorship and Empowerment
7. Future-Proofing and Futuristic Thinking
8. Collaboration and Team Dynamics
9. Goal-Setting and Achievement
10. Reflective Practice and Self-Discovery



GRAMMAX® 25

The Courage to Change

LIFE SKILLS TOPICS C2:

Focus on Prepositional Phrases

1. Financial Management
2. Employment and Career
3. Business Operations
4. Workplace Dynamics
5. Customer Relations and Service
6. Marketing and Sales
7. Legal and Administrative Processes
8. Investment and Real Estate
9. Organizational Structure
10. Communication Skills





GRAMMAX® 26

The Courage to Change

LIFE SKILLS TOPICS C2:

Focus on Advanced Syntax

1. Marketing and Promotion
2. Consumer Behavior and Sales
3. Product Development and Innovation
4. Market Research and Analysis
5. Distribution and Logistics
6. Branding and Image
7. Media and Social Influence
8. Retail and Merchandising
9. Legal and Regulatory Compliance
10. Travel and Transportation





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LIFE SKILLS TOPICS C2:

Focus on Metaphors and Symbolism

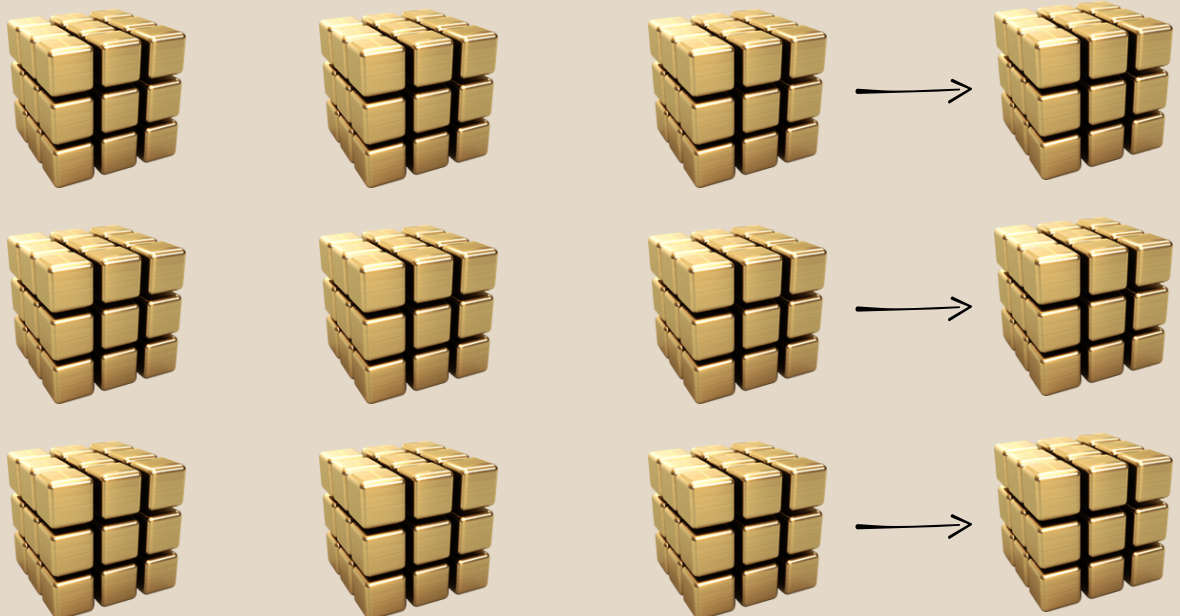
1. Economic Concepts and Policies
2. Business and Project Management
3. Globalization and Trade
4. Financial Management and Currency
5. Entrepreneurship and Innovation
6. Productivity and Automation
7. Customer Relations and Feedback
8. Legal and Regulatory Issues
9. Risk Management and Compliance
10. Planning and Execution



ASPINTOA®

Ecosystem of Lifelong Learning

COMMUNICATION SKILLS	+	SOFT SKILLS	+	LEADERSHIP SKILLS	+	ENTREPRENEURSHIP SKILLS
A - A2		B - B2		C - C2		D - D2
A		B		C		D
A1		B1		C1		D1
A2		B2		C2		D2

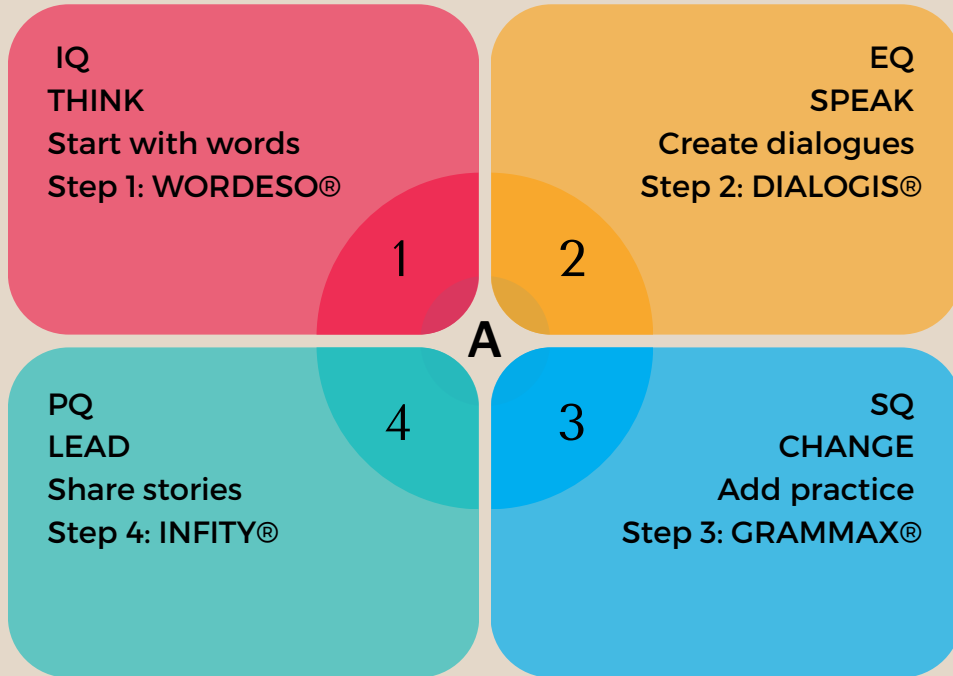




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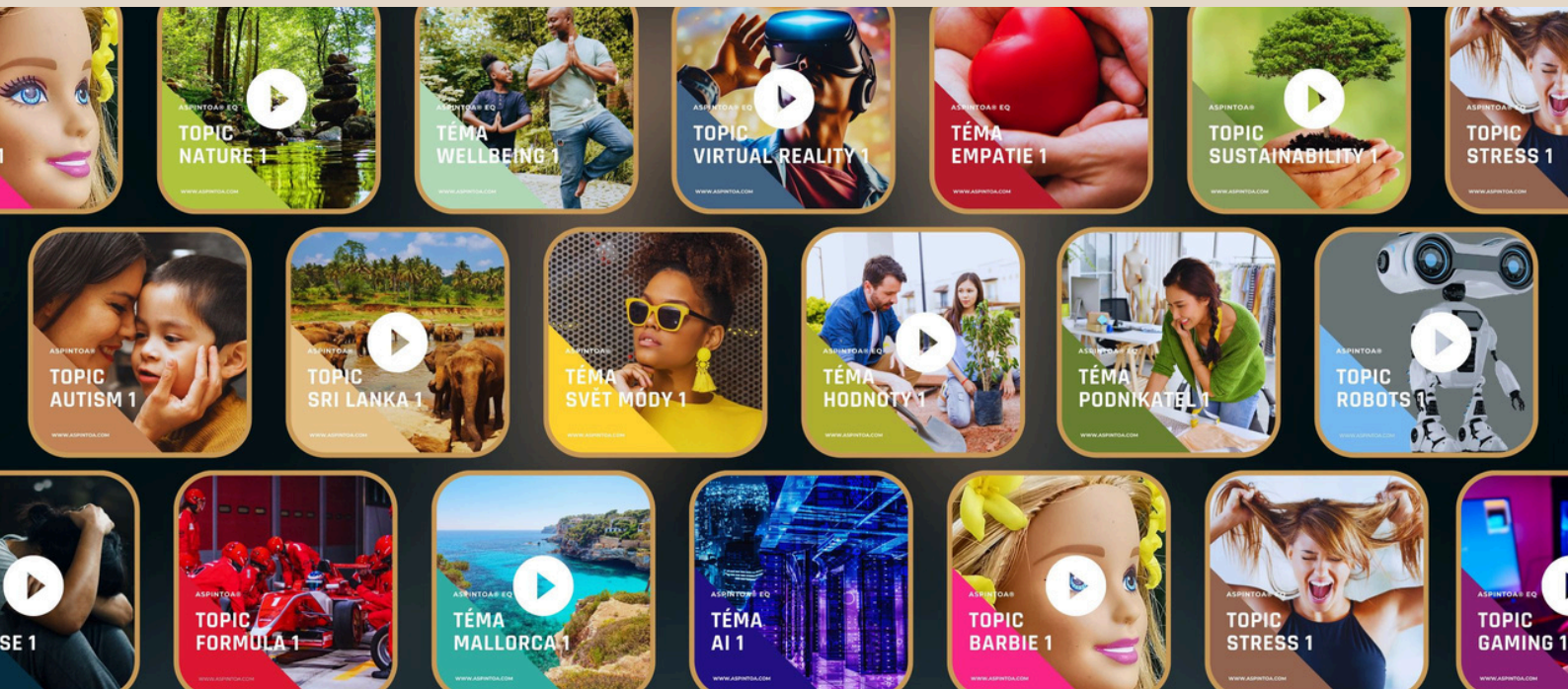
4D LEARNING

by Sarka Kralickova



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LEAD AND LEARN WITH YOUR HEART A New Dimension of Learning for the Future



Programs | Products | Projects | Platform



TRANSFORM YOUR MINDSET & LEADERSHIP

ASPINTOA® develops a System for Wellbeing Learning using a 4-step method. We're here for those who embrace innovation and change. Let's all have the courage to think, speak, learn, and lead.

ASPINTOA® Ltd.

Publishing House and Ecosystem of Lifelong Learning
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